



2018 Annual Report

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Mission

The mission of the Northern Virginia Veterans Association is distinct in that we are the only veteran support organization that specifically supports the most vulnerable veteran population and family in our region with no exclusions, and that we care for and case manage through what we call our Veteran Quality of Life Cycle©.

Veteran Quality of Life Cycle©

One point of entry for local services, resources, personal support, follow-up and care.



NOVA Veterans Association is unique in who and how we support our veterans in need. We only focus on the most vulnerable veterans (e.g. the elderly, health challenged and underserved). We coordinate their care and support using our comprehensive network of vetted, proven, local resources focused on the critical areas of safety, essential needs, healthcare, housing, legal, finance, employment, family/caregiver support and more. This approach supports veteran and family empowerment, positively impacting their social determinants of health and providing courses of action for the veteran's easy involvement to improve her/his health and quality of life.

NOVA Veterans is the only organization in Virginia that has the specific mission of supporting our most vulnerable veterans through coordinating services and case management until all needs are met then facilitates bringing the veteran back into the community offering

recreation, the arts, fitness, local bingo or volunteering. Our elderly and health-challenged veterans suffer from loneliness, depression, hopelessness and too often suicide. We will diminish the suffering and bring our veterans to the foreground because our veterans have a worthwhile purpose and can still contribute to our world in wonderful ways. Improving veterans' quality of life is a key component of our support!

Benchmarks: Veteran Support, Case Studies & Satisfaction Survey

In 2018 we served more than 83 veterans/families with 64 requiring comprehensive case management equaling approximately 934.57 support hours, averaging about 11.25 hours per veteran.

Since our founding in March 2015 through 2018 we have comprehensively supported and cared for nearly 233 Veterans and/or their families, totaling 2,151.57 support hours. This equals approximately 9.25 hours per veteran support with our volunteer Support Specialist Team. Some of our additional accomplishments include:

Four Thumbnail/Case Studies:

Veteran 1, Service: US. Navy

- **The Issue:** Veteran 1 contacted us regarding employment assistance after being unable to return to his career as a medical technician due to a stroke.
- **The Support:** A NOVA Vets Support Specialist along with our community service partner Brain Injury Services met with him and quickly determined after examination he needed medical attention due to extremely elevated blood pressure. Subsequent evaluation revealed Veteran 1 had been suffering several smaller strokes without knowing it. Veteran 1 also received assistance and support from the Virginia Department of Veterans Services and assistance with applying for Social Security benefits. NOVA Vets has also coordinated his receipt of a laptop for internet access and communications capability.

Veteran 2, Service: Branch Here

- **The Issue:** Veteran 2 contacted NOVA Vets requesting assistance with home relocation. His current conditions were unsatisfactory and relocation was essential. Simultaneously to his living situation he suffered a death in the family.
- **The Support:** NOVA Vets through our Support Specialists and volunteers, in this case, three of our affiliated Motorcycle Clubs coordinated and conducting Veteran 2's move while provided additional support like phone card services and financial assistance via a fundraiser. We also assisted him in submitting for reevaluation of Social Security benefits and veteran's benefits. One Motorcycle Club donated a laptop so Veteran 2 could get connected for employment research and essential communications services.

Veteran 3, Service: Branch Here

- **The Issue:** This veteran was substantially in arrears on his personal property tax payments to where his vehicle had a “stop action” placed on it by the DMV. He was unable to register, drive or sell the car.

- **The Support:** A NOVA Vets Support Specialist worked through numerous state, local and private agencies to provide partial support for his past due tax situation. In addition, we were able to get him processed for a personal property tax exemption.

Veteran 4, Service: Branch Here

- **The Issue:** This veteran had lost his leg in a surgical procedure and was without a wheelchair. In addition he had a complicated family situation that required the attention of a legal professional beyond this veteran’s current scope of resources.

- **The Support:** NOVA Vets provided for a legal review of the veterans situation as well as arranged for the delivery of a mechanized wheelchair through our contacts and supporters.

Our Goal in 2019: We aim to double our support in 2019 by increasing our outreach initiatives and hiring paid full-time Support Specialists to meet the ongoing rising need.

Our Community Service Partners Provide the Services



We are happy to say we have more than 25 partner organizations that collaborate with us to provide veteran support services. It is their services that make us who we are. Please see our website for all our partners and corporate sponsors: <https://novavets.org>



We are a Volunteer Led and Operated Charity

Our team, comprised of veterans, spouses, enlisted and officer, different military branches and engaged civilians, display daily their commitment and drive to make this 99 percent volunteer organization successful. We have more than 20 volunteers and room for more! If you want to support your local veterans in a personal way, please email: info@novavets.org

2018 Financials

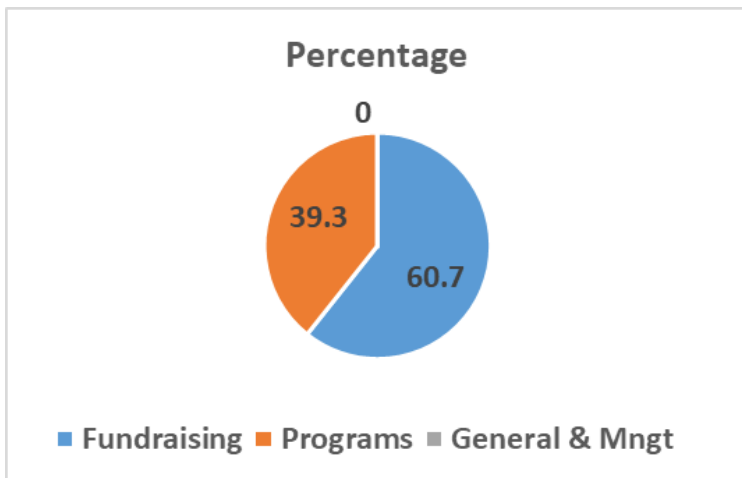
Revenue in Percentages Per Finance Category

Fundraising: \$ 36,370 60.7%

Programs: \$23,521 39.3%

General & Management: 0

Revenue Total: \$ 59,891



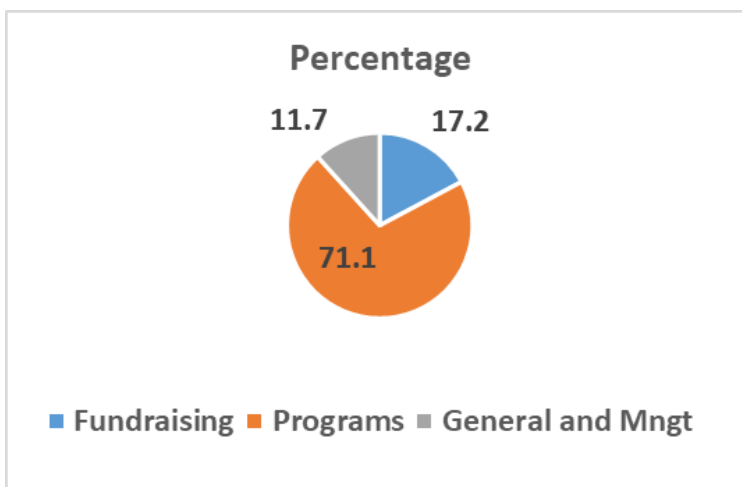
Expense in Percentages Per Finance Category

Fundraising: \$6064 17.2%

Program: \$25,094 71.1%

General and Management: \$ 4,139 11.7%

Expenditure Total: \$35,297



Quarterly Meetings: The public is welcome to attend our quarterly meetings and events! Meetings and events are available on www.novavets.org

Board of Directors



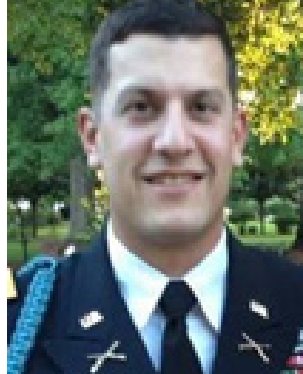
*MAJ Angela H. McConnell, PhD
NOVA Veterans Founder*

Dr. Angela H. McConnell, is Founder and CEO of NOVA Veterans. She is also, CEO of Q Integrative Healthcare Consulting. She served more than 22 years in the U.S. Military, in both the enlisted ranks and officers corps. Since retirement in 2009 she has dedicated time towards multiple local Veteran/Military initiatives to include the Wounded Warrior Mentoring Program, Association for Defense Communities, Ride 2 Recovery and was the co-founder and co-chair of Prince William Chamber Veterans council. Her entrepreneurial work and experience within the military and civilian health care systems provides insight and expertise for comprehensive understanding and development of leading-edge integrative healthcare programs and modes. Dr. McConnell has combined her background, training, and education to facilitate this Veteran/military collaborative coalition movement where she's working to facilitate community partnerships, create solutions to meet the local needs and bring Veterans together throughout Northern Virginia. She earned a Ph.D. in Health Administration.

To view our entire leadership team, please see www.novavets.org/aboutus



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