

2017 Annual Report

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Mission

Our mission is distinct in that we are the only veteran support organization that specifically supports the vulnerable veteran population and family in our region with no exclusions, and that we case manage through what we call our Veteran Quality of Life Cycle©.



Our mission provides personal care and support around multiple needs, such as reintegration; healthcare; employment; education; family and caregiver support; legal aid; housing; transportation; community engagement; and local fitness, arts, and recreation resources.

Benchmarks

Since our start in March 2015 and through 2017 we comprehensivley supported and cared for over 147 Veterans and/or their families, totaling 1,217 support hours. This equals approximately 8 ½ hours per veteran support with our volunteer Support Specialist Team.

NOVA Veteran's Veteran/Family Survey results from 2015-2017 show:

- 73% of those surveyed stated NOVA Veterans was "Very Helpful" or "Extremely Helpful"
- 91% surveyed said they were "Extremely Satisfied" to "Quite Satisfied' with our services
- 90% said they would use our services again

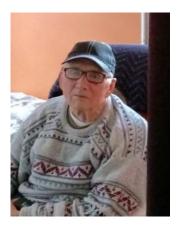
In 2017 we served over 92 veterans/families with 69 requiring comprehensive case management equaling approximately 476 support hours, averaging approximately 7 hours per veteran.

Some of our additional accomplishments include:

- Helping a World War II veteran with yard clean up
- Honoring our older veterans in assisted living facilities with our community partners during Veteran's Day, Memorial Day and other events throughout the year
- Advancing our Recreation and Reconditioning Program, including Wheelchair Rugby
- Providing veterans a home and community where they can give back and keep serving, and especially for those grieving the loss of loved ones



- Training our civilian healthcare providers in how to care for their veteran patient population
- Community outreach and suicide prevention initiatives
- A Korean War veteran having multiple healthcare, home accommodations and legal needs requiring over 30 hours of support and coordination of services through multiple local partners like Project Mend a House and Prince William County.



Joe, Korean War Veteran Receiving Home Accommodations



Joe Being Honored at NOVA Veteran's 2nd Year Anniversary Celebration

We aim to triple our support in 2018 by increasing our outreach initiatives and hiring paid fulltime Support Specialists to meet the ongoing rising need.

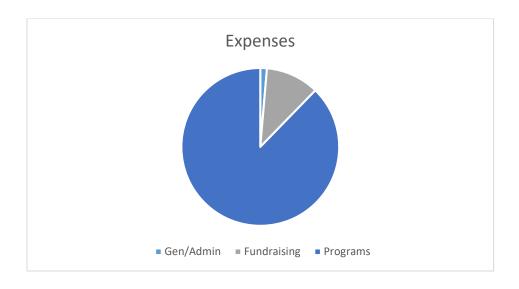
Our Partners Provide the Services

We are happy to say we have over 35 partner organizations that collaborate with us to provide veteran support services. It is their services that make us who we are. Please see our website for all our partners and corporate sponsors. https://novavets.org

Thank you Volunteers!

Our team, comprised of veterans, spouses, enlisted and officer, different military branches and engaged civilians, hold the commitment and drive to make this 99% volunteer organization successful. We have over 20 volunteers and room for more! If you want to support your local veterans in a personal way, please email: INFO@NOVAVets.org

Financials



Income

| Public Support | \$17,006.01 |
|--------------------|-------------|
| Program Income | \$774.27 |
| Fundraising Income | \$8,947.72 |
| Membership Dues | \$2,362.00 |
| Total | \$29,090.00 |

Expenses

| General/Administrative | \$413.80 = 1.35% |
|------------------------|---------------------|
| Fundraising | \$3,348.94 = 10.94% |
| Programs | \$26,839.79 = 87.7% |
| Total | \$30,602.53 |

Net Income -\$1,512.53

You are always welcome to come to our open to the public quarterly meetings and events!

Board of Directors



Founder, President/CEO NOVA Veterans

Dr. Angela H McConnell, Owner and CEO of Q Integrative Healthcare Consulting, served over 22 years in the U.S. Military, active duty and reserve, in both the enlisted ranks and officers corps. Since retirement in 2009 she has dedicated time towards multiple local Veteran/Military initiatives to include the Wounded Warrior Mentoring Program, Association for Defense Communities, Ride 2 Recovery and was the cofounder and cochair of Prince William Chamber Veterans council. Her entrepreneurial work and experience within

the military and civilian health care systems provides insight and expertise for comprehensive understanding and development of leading-edge integrative healthcare programs and modes. Dr. McConnell has combined her background, training, and education to facilitate this forward-leaning Veteran/military collaborative coalition movement where she's working to facilitate community partnerships, create solutions to meet the local needs and bring Veterans together throughout Northern Virginia. Currently she resides in Woodbridge VA and has two sons: one, currently a senior at Forest Park H.S. and part of the Crew Team; and second is a Sophomore at Virginia Tech studying engineering with a focus in biomedicine. Angela has finished up her Ph.D. in Health Administration and working towards publishing in both Healthcare and Veteran/Military journals.



Chairman of the Board MajGen David Bice USMC (RET)



Treasurer, BoD MAJ Michael Falls, USA



Advisor, BoD Mr. Wayne Mitchel



Director Support Services, BoD MAJ Paula Eckard, USA (RET)