



ANNUAL REPORT – 2022

SUPPORTING OUR MOST VULNERABLE VETERANS

WHO WE ARE

Northern Virginia Veterans Association

We are a non-profit coalition that provides direct, personal care and coordination of services for the most vulnerable, underserved, and marginalized veterans in the Northern Virginia region (at no cost).

We support their most urgent needs first and follow up to ensure positive direction toward wellness and improved overall quality of life.



NOVA Veteran's Quality of Life Cycle[®]

One point of entry for local services, resources, personal support, follow-up and care.



We partner with many community service providers to achieve our mission. Our service providers must meet specific quality assurance standards.

We Serve 10 Counties and Growing

2017 US Census reports 199,049 veterans living in our 10-counties



There are over 62,471 vulnerable Veterans within these counties:

4,688 (2.4%) live in poverty
31,431 (15.8%) are disabled
26,352 (13.2%) are age 75+

(Not including those under 75, family members, transitioning active duty who are at risk)

Veterans in Virginia are aging and experience decreased capabilities and increased needs.

- 40% of Virginia's Veteran Population is over 65 (National Center for Veterans Analysis & Statistics, 2019)**
- Nationally, almost 50% of veterans surveyed didn't know how to get the services/benefits they have earned (Virginia DVS, 2013)**
- The highest rate of suicides are veterans 55 and older**

Support Services: Challenges To Access Services & Resources

- **Costs:** Most are low income; no computer/Wi-Fi/phone
- **Process:** Lack of technological capabilities and knowledge
- **Follow Through:** Confusion, anxiety, frustration, overwhelmed
- **Physical:** Hearing, seeing, mobility, injury, pain, low energy
- **Mental:** Confusion, depression, loneliness, hopelessness
- **Language:** Health literacy, VA literacy, financial literacy
- **Diversity:** Racial marginalization, gender identification, minorities, and other under-represented veterans
- **Social determinants of health:** Income, location, transportation, etc.

Ongoing challenges prevent veterans from receiving support.

NOVA Veterans Association is catching these veterans before they fall into the gap, while taking an approach of inclusivity, equity, and an appreciation of diversity.

Who We Serve



One of NOVA Veteran's Biggest Success Stories!

Transportation & Care Coordination Proof of Concept Pilot Dulles Area Transportation Authority & NOVA Veterans

Funding for this project provided by the Federal Transit Administration through the Coronavirus Response and Relief Supplemental Appropriations Act and the American Rescue Plan Act. Allowed for over 1578 rides to elderly and underserved. Help us continue this service!

Free transportation program for veterans who are disabled or over 65 years of age to get to medical appointments and COVID-19 vaccinations.

Over 150 rides were provided from September to December, and the program will continue in 2022.



Combating Hunger Grant

Bob Woodruff Foundation, made possible by Craig
Newmark Philanthropies

Three local community partners (SERVE Stafford County, ACTS Prince William County and Fauquier Community Food Bank) helped us provide food baskets and grocery gift cards to over 200 veterans and their families.

Having basic resources such as food and shelter are the first steps in making sure our veteran clients are safe and secure.



Solutions Collaborative

Reaping on-going benefits from 2021

NOVA Veterans and George Mason University initiated a Solution's Collaborative due to the need to act together, as a community in order to diminish the negative impact of three 3 critical veteran challenge areas during this on-going pandemic.

1. Lack of reliable, consistent, affordable transportation
2. Access to Healthcare Services (in person and telehealth)
3. Information Technology (owning a device, operating a device, keeping it maintained, and affording internet services).

The Veteran Health Needs In a Pandemic

Moving Toward Innovative Solutions

Presented by Northern Virginia Veterans Association and George Mason's Military, Veterans, and Families Initiative

NOVA VETERANS ASSOCIATION
NOVAVETS.ORG

Partner Organizations:

- Easterseals
- Blue Star Families
- George Mason University
- Planning for Senior Life
- Humana
- Serving Together
- Combined Arms
- George Mason University
- HEAL Foundation
- PWC Community Services
- Mental Health Association of Fauquier
- Northern Virginia Regional Commission
- Congressman Wittman
- Dulles Area Transportation Association
- Virginia Department of Veterans Services (DVS)
- At Home Care Staffing
- Yellow Ribbon Network
- Aunt Bertha
- Operation First Response
- Care Advantage Inc.
- University of Virginia
- NV Rides
- Workhouse Arts Center
- Catholic University
- Brain Injury Services
- AARP
- Blue Ribbon Network
- Willing Warriors
- Red Cross
- TD Bank

Case Study: Combating Food Insecurity

Shown is Army Veteran Sharon receiving a grocery store gift card, to combat food insecurity in veterans.

We supported her by coordinating meal deliveries and assisting her with other needs as well with over 45 hours of Support Services.



Case Study: Yard Cleanup



Active-duty Army volunteers from Summit Church used their time off to volunteer to clean up the yard of a Vietnam Army Veteran.



Over 45 hours of Support Services provided for this veteran with financial, legal and home repair needs.

Our Support Process

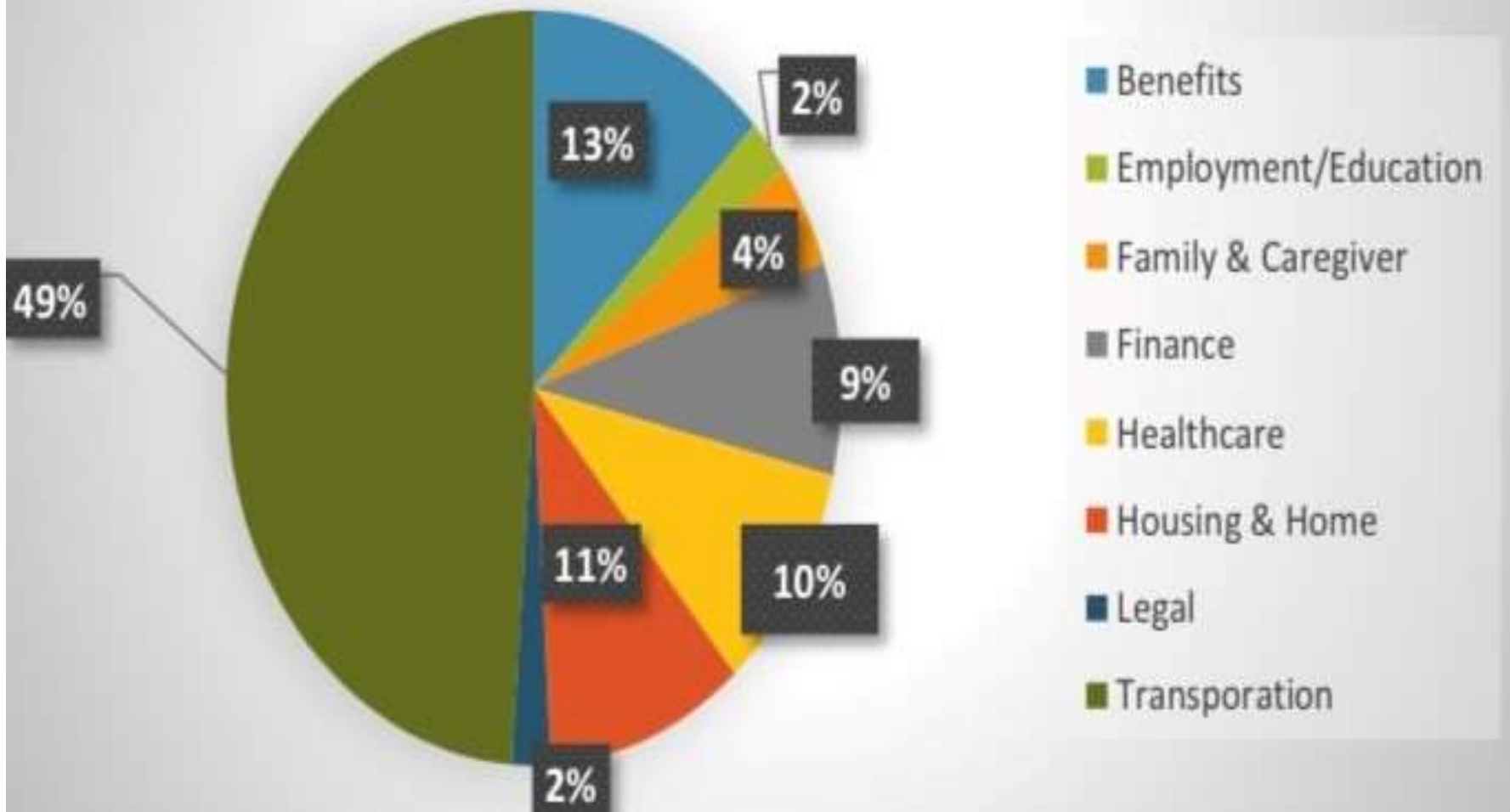
(HIPAA Compliant / Privacy Protected / IT Security/ Data Collected/Tracked/Analyzed)

1. Perform Veteran comprehensive Intake
2. Assess for urgent and priority needs
3. Determine services based on Veteran's criteria
4. Coordinate Services for Veterans with multiple service partners
5. Track communications with Veterans and service partners
6. Continual and consistent follow up to ensure needs are met
7. Survey veterans to determine if needs were met by NOVA Veterans and partners
8. Follow up 90 days later to ensure veteran and family are well

In 2022, we doubled the numbers! Supporting 2297 veteran cases dedicating over 4397 hours!

NOVA VETERANS

2022 Veterans Support Services



Consider a Sponsorship to Fund Support Services



NOVA Veterans focuses on veterans who are most vulnerable due to poverty, age, mental/emotional challenges, and disability. The 2017 US Census reports 199,049 veterans living in our 10-county service area. 62,471 of these veterans are categorized to be within our vulnerable veteran population.

THE NOVA VETERANS TEAM

95% Volunteer

Board of Directors:

President: MAJ Angela H. McConnell USA/USAFR (RET) Ph.D.

Chairman: MAJGEN David Bice, USMC (RET)

Treasurer: Albert Leech, CPA

Kerry Kirk, USMC (Veteran)

MAJ Paula Eckard, USA (RET)

RADM Matthew Carter, USN (RET)

MAJ Edward Garcia (RET)

Ben Baldwin

Salaried Positions (Only Paid Staff):

Chief Executive Officer: MAJ Angela McConnell, Ph.D.

Director of Services: Melissa Dargis, MS (Veteran Spouse)

Advisory Council:

Veterans Affairs: Col Rich Anderson, USAF (RET)

Hispanic Advisor: Diane Paguaga

Community Outreach: CSM Victor Angry, USA (RET)

Marketing Advisor: Amanda Baity (Veteran Spouse).

Healthcare/Wellness: Regina Domiano

Our Extraordinary Team of Professionals.

Community/MC Liaison : MSGT Forrest Lingenfelter USA (RET)

Volunteer Manager: Fred Stuart, USA (Veteran)

Chief Technical Officer: Trent Nevios

Chief Digital Officer: Andy Morataya USMC (Veteran)

Trainer: Renee Adams , RN (Navy Spouse)

Caregiver & Family Support: LT Col Scott Cox, USAF (RET)

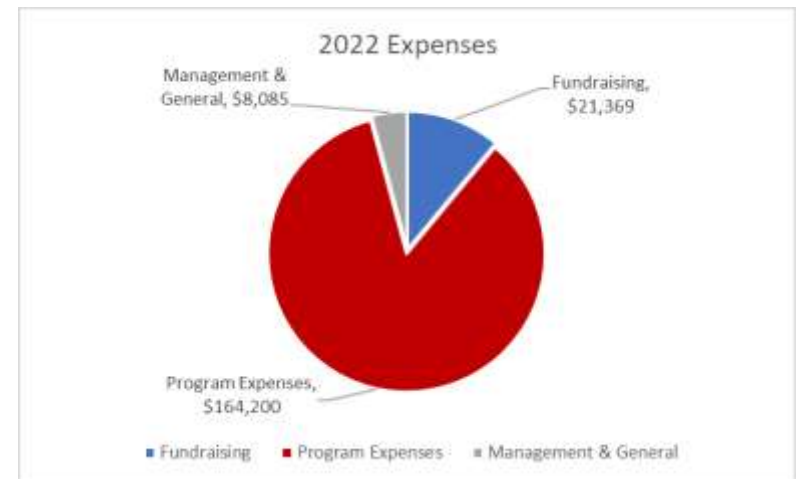
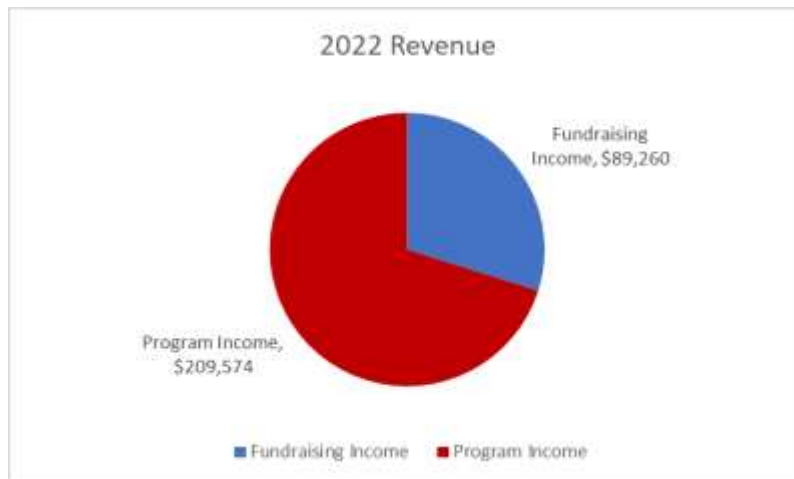
Events Support Lead: Andrea Hughes

Events Support Lead: Marshall Keith, USA (Veteran)

Legal Liaison: Mike May, Attorney

Public Affairs/Media Specialist: Emily Guzick, GMU Intern/Volunteer

2022 Revenue & Expenses



2022 Revenue Breakdown

\$171,751 Grants & Awards + \$37,822 Individual & Corporation Donations + \$89,260 Fundraising Event Revenue

Total 2022 Revenue \$298,834

2022 Expenses Breakdown

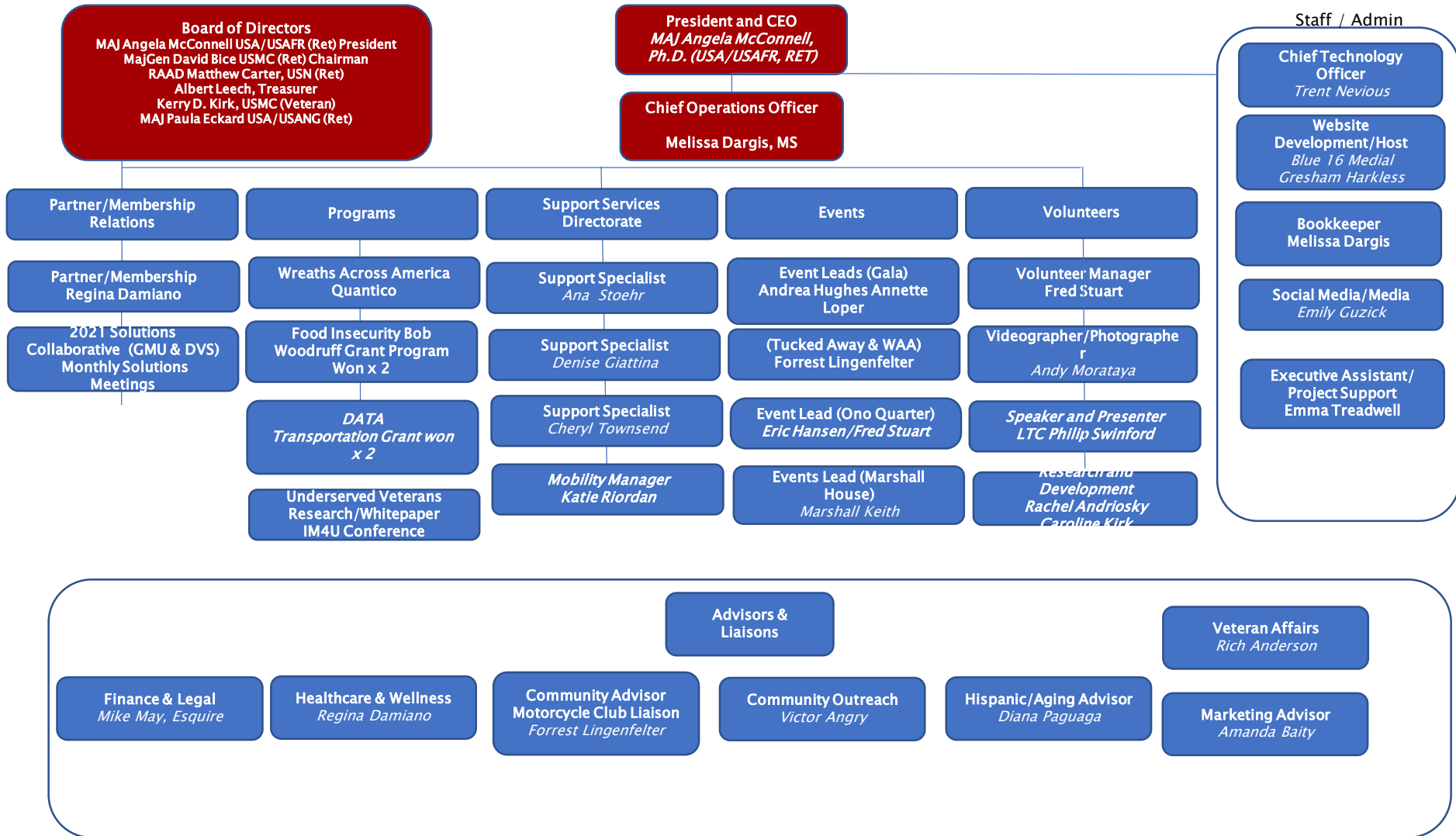
Program Expenses: Direct program expenses & Support staff time = \$164,200

Fundraising: Event costs & staff fundraising time = \$21,369

Management & General: Administrative costs & staff administration time = \$8,085

Total 2022 Expenses \$193,654

NOVA Veterans Organizational Chart



2022 Events

- **01 /29/2022:** WAA Disposal of Wreaths @ Quantico NC
- **05/19/2022:** Veterans Count Gala
- **09/04/2022:** Bikes, Bands, Beer and BBQ @ Tucked Away Brewery
- **09/11 /2022:** Appreciation Event @ Dodona Manor
- **10/20/2022:** Armed Forces Luncheon @ Manassas Airport
- **10/21 /2022:** Nova Veterans /DATA Golf Tourney @ Westfields CC
- **11 /10/2022:** JROTC Community Veteran Appreciation Event @ Woodbridge High School
- **11 /11 /2021:** Veteran's Day @ Heritage Brewery



Bikes, Bands,
Beer, and Barbeque

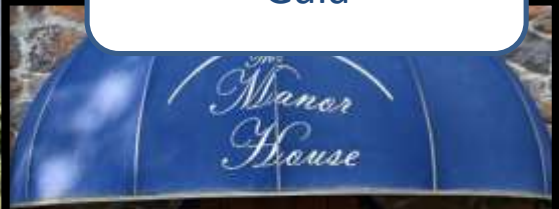


Veterans Count
Gala

9/11 Appreciation
Event at Dodona
Manor



Wreaths Across
America



Thank You Community Sponsors!



BOB WOODRUFF FOUNDATION
Investing in the Next Chapter for Our Veterans



THANK YOU FOR LEARNING ABOUT THE NORTHERN VIRGINIA VETERANS ASSOCIATION



- We Have Sound Business Model & Proven Support Protocol
- We Absolutely Have a Critical Veteran Mission
- Join Us and Be a Part of the Solution!

Please contact us for additional information!

Email: Info@NOVAVETS.ORG

Call: 703-659-0788

*And be sure to follow or like us on Facebook at:
<https://www.facebook.com/novavets>*

Thank You Community Sponsors!



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