



ANNUAL REPORT - 2023

***SUPPORTING OUR MOST
VULNERABLE VETERANS***

Who We Serve



Our Unique Mission

Northern Virginia Veterans Association

We are a non-profit coalition that provides direct, personalized care and coordination of services for the most vulnerable, underserved, and marginalized veterans in the Northern Virginia region (at no cost).

Using an individualized holistic approach we support their most urgent needs first and follow up to ensure all needs are met. Striving for wellness and an improved overall quality of life.



Our Support Process

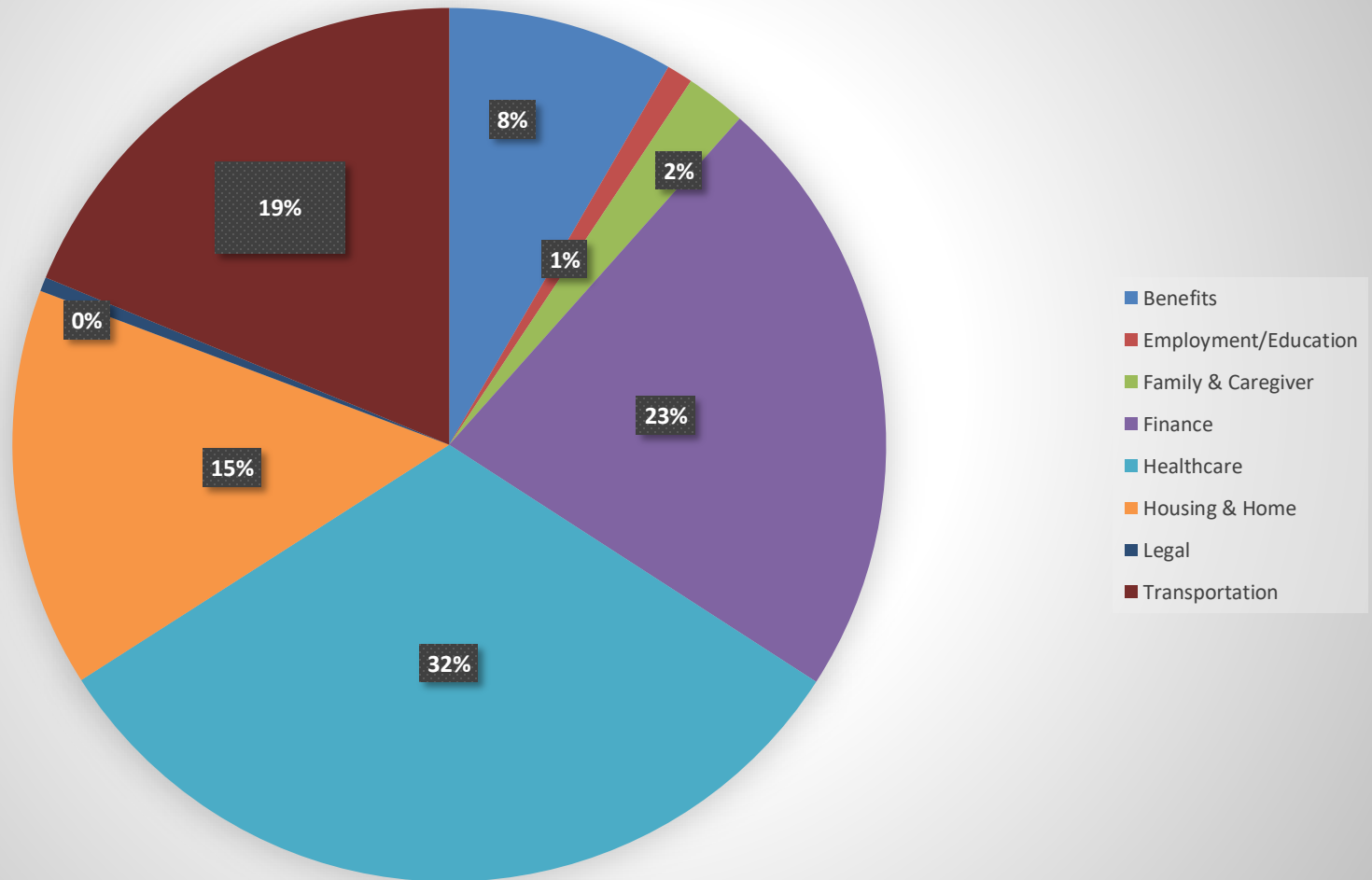
HIPAA Compliant / Privacy Protected / IT Security/
Data Collected/Tracked/Analyzed/Reported

1. Perform Veteran comprehensive Intake
2. Assess for urgent and priority needs
3. Determine services based on Veteran's criteria
4. Coordinate Services for Veterans with multiple service partners
5. Track communications with Veterans and service partners
6. Continual and consistent follow up to ensure needs are met
7. Survey veterans to determine if needs were met by NOVA Veterans and partners
8. Follow up 90 days later to ensure veteran and family are well

***In 2023, we supported 1,767 veteran cases
dedicating over 3,249 hours!***

2023 Veterans Support Services

NOVA VETERANS
2023 Veterans Support Services



We Serve 10 Counties and Growing

2017 US Census reports 199,049 veterans living in our 10-counties



There are over 62,471 vulnerable Veterans within these counties:

4,688 (2.4%) live in poverty
31,431 (15.8%) are disabled
26,352 (13.2%) are age 75+

(Not including those under 75, family members, transitioning active duty who are at risk)

Veterans in Virginia are aging and experience decreased capabilities and increased needs.

- 40% of Virginia's Veteran Population is over 65 (National Center for Veterans Analysis & Statistics, 2019)**
- Nationally, almost 50% of veterans surveyed didn't know how to get the services/benefits they have earned (Virginia DVS, 2013)**
- The highest rate of suicides are veterans 55 and older**

Challenges To Access Services & Resources

- **Costs:** Most are low income; no computer/Wi-Fi/phone
- **Process:** Lack of technological capabilities and knowledge
- **Follow Through:** Confusion, anxiety, frustration, overwhelmed
- **Physical:** Hearing, seeing, mobility, injury, pain, low energy
- **Mental:** Confusion, depression, loneliness, hopelessness
- **Language:** Health literacy, VA literacy, financial literacy
- **Diversity:** Racial marginalization, gender identification, minorities, and other under-represented veterans
- **Social determinants of health:** Income, location, transportation, and more

Ongoing challenges prevent veterans from receiving support.

NOVA Veterans Association is catching these veterans before they fall into the gap, while taking an approach of inclusivity, equity, and an appreciation of diversity.

NOVA Veteran's Quality of Life Cycle[®]

One point of entry for local services, resources, personal support, follow-up and care.



We partner with hundreds of community service providers to achieve our mission. Service providers must meet high quality assurance standards.

One of NOVA Veteran's Biggest Success Stories

The Human Services Alliance of Greater Prince William ARPA Grant

The Human Services Alliance of Great Prince William Grant has enabled us to expand our services within Prince William County. We provided Navigation and Support Services to veterans, families and caregivers; conducted outreach and awareness programs; and collaborated and partnered with hundreds of organizations and individuals.

We have served over 1,100 cases with this grant and will continue providing Benefits Navigation Support Services through the summer of 2024.



Sony Corporation

Free Hearing Aids for veterans



A Sony Corporation grant provided free C10 Self-Fitting OTC Hearing Aids to help local veterans, service members, and their families.

Testimonial from veteran spouse:

My son calibrated the hearing aids for me and made a system to help me remember where to put them. He said “She had tears when she first heard them work for her. Amazing! Super easy App she immediately understood!”

Case Study: Home Repair

US Navy veteran shared his story:

NOVA Veterans has impacted our lives! When my husband first became disabled and blind, I had no idea where to go to look for help. We don't have family living near us. I didn't know where to go to look for services. NOVA Veterans was there for us. What a great resource in finding information and finding the help that we needed. I honestly don't know where we would be without NOVA Veterans help in looking for resources and receiving services. I truly appreciate them being there in a time that was most needed for us.



Case Study: Hearing Aids



A disabled US Army veteran received free hearing aids from our grant program with Sony.

Thank you so very much for providing Todd with a brand new set of hearing aids. He said that they have helped him very much and I can see a big difference with his confidence and overall personality when he is wearing them. We are both very grateful.

Consider a Sponsorship to Fund Support Services



NOVA Veterans focuses on veterans who are most vulnerable due to poverty, age, mental/emotional challenges, and disability. The 2017 US Census reports 199,049 veterans living in our 10-county service area. 62,471 of these veterans are categorized to be within our vulnerable veteran population.



Looking Back - 2023 Events



2023 Events

- **January 28th:** Wreaths Across America Removal of Wreaths at Quantico National Cemetery
- **Month of July:** Honor Brewing Veteran Charity Fundraiser
- **September 11th:** 3rd Annual **May we never forget** - Bikes, Bands, Beer and BBQ Tucked Away Brewing, Manassas
- **September 29th:** 3rd Annual NOVA Veterans/DATA Golf Tournament
- **November 11th: Honoring all Who Served - NOVA** Veteran's Day at Heritage Brewery Manassas
- **December 16/17:** 4th Annual Wreaths Across America at Quantico National Cemetery

THE NOVA VETERANS TEAM

95% Volunteer

Board of Directors:

President: MAJ Angela H. McConnell USA/USAFR (RET) Ph.D.

Chairman: RADM Matthew Carter, USN (RET)

Treasurer: Albert Leech, CPA

Kerry Kirk, USMC (Veteran)

MAJ Paula Eckard, USA (RET)

MAJGEN David Bice, USMC (RET)

Salaried Positions (Only Paid Staff):

Chief Executive Officer: MAJ Angela McConnell, Ph.D.

Chief Operating Officer: Melissa Dargis, MS (Veteran Spouse)

Advisory Council:

Veterans Affairs: Col Rich Anderson, USAF (RET)

Hispanic Advisor: Diane Paguaga

Community Outreach: CSM Victor Angry, USA (RET)

Marketing Advisor: Amanda Baity (Veteran Spouse).

Healthcare/Wellness: Regina Domiano

Our Extraordinary Team of Professionals.

Community/MC Liaison : MSGT Forrest Lingenfelter USA (RET)

Chief Technical Officer: Trent Nevious

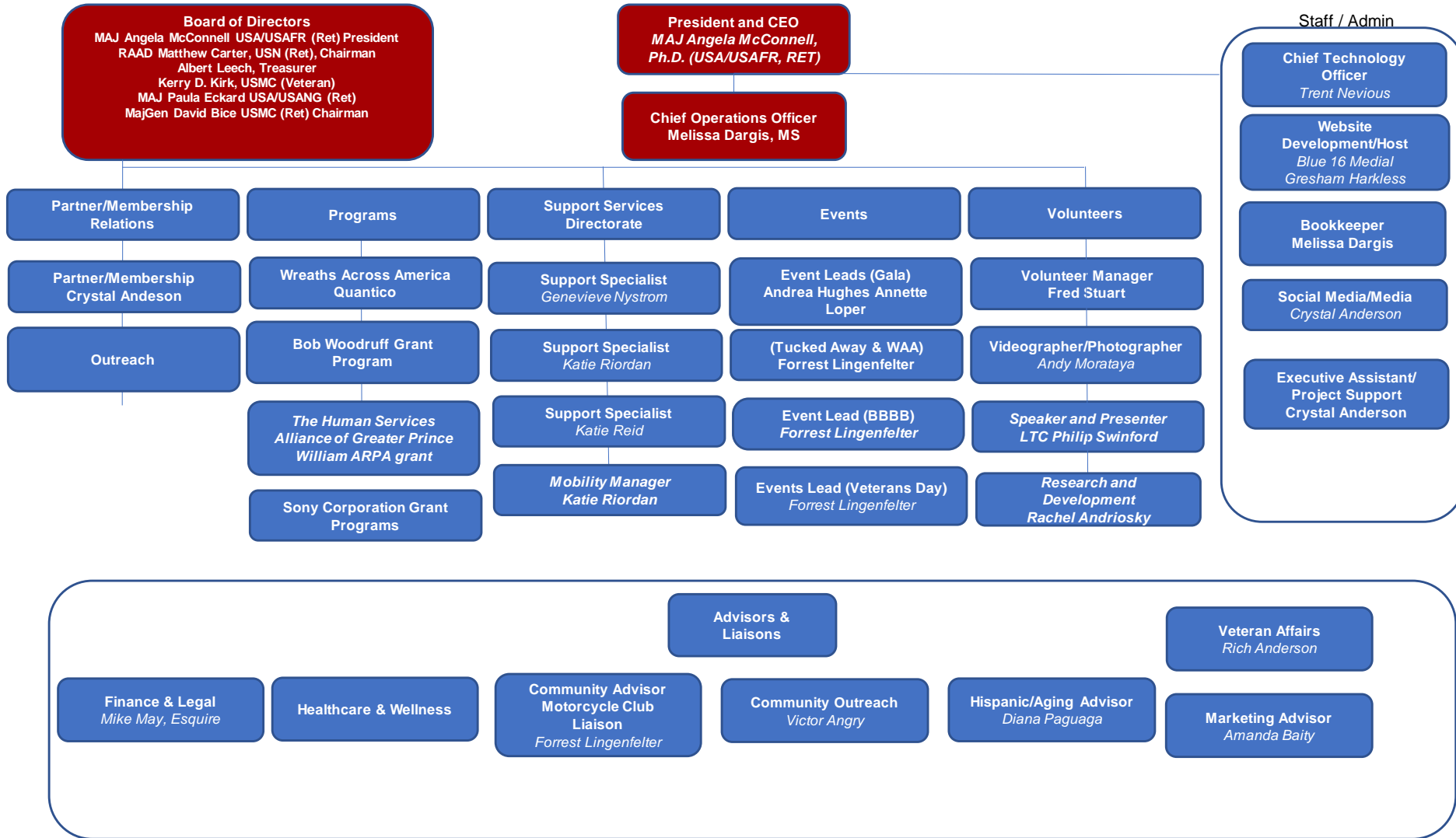
Chief Digital Officer: Andy Morataya USMC (Veteran)

Caregiver & Family Support: LT Col Scott Cox, USAF (RET)

Legal Liaison: Mike May, Attorney

Development/Public Affairs/Media Specialist: Crystal Anderson

NOVA Veterans Organizational Chart



2023 Revenue & Expenses



2023 Revenue Breakdown

\$268,385 Grants & Awards + \$30,488 Individual & Corporation Donations + \$56,496 Fundraising Revenue

Total 2023 Revenue \$355,369

2023 Expenses Breakdown

Program Expenses: Direct program expenses & Support staff time = \$252,427

Fundraising: Event costs & staff fundraising time = \$12,759

Management & General: Administrative costs & staff administration time = \$9,099

Total 2023 Expenses \$274,285

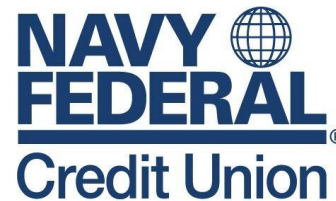
Thank You Veteran Community Sponsors!



Hypnoconsult, LLC



Dark Horse Nutrition LLC



ARMY
MARINE CORPS
NAVY
AIR FORCE
SPACE FORCE
COAST GUARD
VETERANS



BREWING CO.
MANASSAS, VIRGINIA

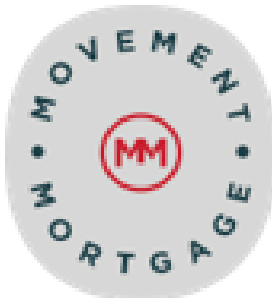


BOB WOODRUFF FOUNDATION
Investing in the Next Chapter for Our Veterans

Thank You Veteran Community Sponsors!



RUI.NET



THE NORTHERN VIRGINIA VETERANS ASSOCIATION THANKS YOU!



How are we unique?

Our Critical Veteran Mission

**Holistic Comprehensive
Personalized Approach**

On-Going Follow Up

Join Us - Be the Solution!

Please contact us for additional information!

Email: Info@NOVAVETS.ORG

Call: 703-659-0788

And be sure to follow or like us on Facebook at:

<https://www.facebook.com/novavets>

